

**It is the set of the sails, not the direction of the wind  
that determines which way we will go.  
You must take personal responsibility.  
You can't change the circumstances,  
the seasons, or the wind,  
but you can change yourself.  
That is something you have charge of.**

*Jim Rohn*



**We each have it within our power to thrive regardless of what we may encounter or even cause in life.**

**Resilience is about overcoming, transforming, innovating.  
When we are resilient, we take what happens and USE it.  
We CREATE from it. We don't simply endure. We transform our lives by  
defining the purpose of our experiences as something that serves us and  
what we value.**

**It is about how we leverage everything that happens in our lives to achieve  
something that matters. That is resilience.**

- What new people can I meet and serve?**
- What new places can I experience?**
- What new skills can I acquire and master?**
- What new ideas can this generate?**
- How can this expand my view of my life and work?**

***Resilience: What does this make possible?***

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